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Royal University Hospital Foundation
Community Mental Health Endowment Grant Program
2025 - 2026

The Royal University Hospital Community Mental Health Endowment (CMHE) Grant Program was established through the Future in Mind Campaign (2007–2009) by Royal University Hospital (RUH) Foundation. Individual and corporate donors continue to support this priority on an annual basis through donations and the establishment of additional funds. The CMHE Grant Program is supported by an annual allocation from the Community Mental Health Endowment plus allocations from the following funds:

- Ken Arnold Addictions Fund
- Patricia & Lawrence Rychjohn Family Fund
- Tom & Nicole MacNeill Family Fund,
- U of S Academic Psychiatrists Endowment
- Dr. Rudy Bowen Mood Disorders Fund
- Lynn Sterling McLean Fund
- Robert A. Steane Community Mental Health Fund

RUH Foundation's CMHE Grant purpose is to provide funds to enhance and bridge community based programming for patients and consumers or their families with Mental Health and Addictions Services (MHAS), offered by Saskatchewan Health Authority's (SHA) or by the University of Saskatchewan's (U of S) College of Medicine (CoM) Departments. CMHE grants are intended for pilot projects that typically would not receive funding through government or SHA capital or operating budgets. The intent is not to support ongoing programming unless there is a change in circumstances requiring additional funding or a change of funders.

Community Based Organizations (CBO'S) who have or **currently receive funding from SHA**, staff and physicians of SHA or U of S are invited to apply for funding to support a new, innovative program for patients, consumers or family members. The CMHE Grant is awarded once per year, with funding awarded for the following fiscal (April 1 to March 31) year. Grants awarded to the successful applicants should be budgeted for and expensed for by March 31 of the following year. The maximum grant request is $25,000. This year there is up to $185,000 available for funding.

The RUH Foundation CMHE Grant will focus on:

- Patient, consumers or client initiatives
- Development and enhancement of community access, integration, transportation, activities, and programs that break down isolation of patients and their families
- Intervention strategies for identified populations
- Public awareness and education initiatives
- Community based research

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Review and Approval Process

RUH Foundation's process for reviewing and approving CMHE Grant applications is as follows:

- A sub-committee of the RUH Foundation Granting Committee includes: one volunteer from the RUH Foundation Board of Directors, a staff person from the SHA or U of S, a consumer or family member from the community, an individual from a community based organization and RUH Foundation's CEO and Operations Officer.

- The sub-committee will review all applications and recommend which ones will be forwarded to the RUH Foundation Granting Committee for their review and recommendation to the Board of Directors for approval.

Criteria

- This grant is only available to Saskatoon Based CBO's that receive other funding support through SHA and the activity/program must demonstrate direct benefits to patients and or consumers, SHA MHAS in Saskatoon, U of S College of Medicine Departments impacting RUH.

- All applications must be filled in electronically (attach pdf to application if extra space is required) and submitted by email to info@ruhf.org on the appropriate application form by **October 24, 2025, at 4:00 p.m.**

- The Program Manager/Department Head/SHA Director or U of S, or Executive Director/ CEO/Program Manager and the Chair of the CBO's Board of Directors must approve and sign the application.

- All grant applications should demonstrate that the project will contribute in a measurable way to support a client receiving treatment at RUH or through MHAS, provide bridging support from in patient to outpatient care, supporting or reintegration of patients/clients into community in a self-reliant and independent way. A letter of support may be included.

- This proposed project should not duplicate current programs offered or research. Follow up/partnership with MHAS or Department of Psychiatry is recommended to maximize successful outcomes and sustainability.

- Pilot projects should show imaginative ways in which staff, clients, and a range of community organizations, human service providers, educators, recreational and social agencies provide services for clients, not in a 'segregated' fashion, but as part of the programs/services they provide for all in the community.

- The proposal shall indicate how you intend to transmit learning from the project via educational sessions, rounds, social media, conferences, etc.

- SHA or U of S staffing costs will not be covered for any existing programs. Staffing for new or enhanced projects will be considered. CBO project staffing costs will be considered if resources are not available through existing budgets.

- **If you have current funding through a CMHE Grant and have not completed the project and/or submitted a final report you are not eligible to apply for this round of funding.**

For questions or further information please contact:
Mia Cavanagh, Granting & Operations Officer, by phone at 306.655.6521 or email at mia.cavanagh@ruhf.org.