



MILESTONES



Grateful Every Day

We are extremely grateful to be enjoying another holiday season with loved ones thanks to so many at Royal University Hospital and the support they receive because of your donations to RUH Foundation.

During this season of giving, we humbly ask that you consider making a gift to the Foundation's Mission Possible: Operation New O.R. campaign.

Your generosity will assist in the transformation of surgical care at RUH. It will help ensure that your grandparents, father, mother, sister, brother, like us, will be there after surgery to share with you all that life has to offer.

To donate, please visit ruh.org or call the Foundation office at 306.655.1984. Thank you.



**MISSION POSSIBLE:
OPERATION NEW O.R.**

Your Generosity Makes this a Special Holiday Season

While many of us will be winding down to enjoy the upcoming holiday season, Royal University Hospital's dedicated individuals and teams are preparing for one of the busiest times of the year.

Thanks to donors like you, RUH's surgical teams will be better equipped than ever before should you or a loved one require surgery. For example, a broken bone caused by a fall on icy sidewalks, a heart attack due

to excessive snow shoveling, or a traumatic injury associated with a car accident because of inclement weather may quickly require you to have surgery.

The many generous contributions to RUH Foundation's Mission Possible: Operation New O.R. campaign have been used to purchase the much-needed new state-of-the-art surgical equipment that has arrived over the past few months.

"The generosity of donors is helping patients at a very stressful time in their lives," says trauma surgeon Dr. Suzie Harriman.

"Your support through the purchasing of new equipment is making it less so for our patients. It is helping to reduce the time patients spend in surgery often meaning quicker recovery time for them."

Cont'd next page





Recently arrived new equipment includes new anesthesia machine (right) and surgical microscope (left, background)

Some examples of the new state-of-the-art equipment in use today include two surgical microscopes, two spinal surgery tables, and five anesthesia machines and related monitors.

“Support from RUH Foundation and its donors is putting into our hands the equipment needed to meet the evolving standards of surgical care excellence demanded by modern medicine and that our patients deserve,” says neurosurgeon Dr. Daryl Fournay.

The two new surgical microscopes are “game changers” for patients rushed to RUH for complex neurosurgery. They provide greatly enhanced illumination and visualization capability that helps expose evidence of a hidden aneurysm, a silent stroke or exactly where a tiny cancerous tumour begins and ends, even if hiding behind delicate nerves or blood vessels.

The two new spinal surgery tables allow surgeons to rotate patients to any and every position they need – front, back, side – instantly, smoothly, and safely. With the old spine tables if you needed to be repositioned, your surgeon would have had to stop the operation and manually turn a crank while an assistant held your head.

As far as medical technology goes, there isn’t much more important than the anesthesia machines. They are used during all surgeries, delivering the medicine you need so you don’t feel pain, and they are what breathes for you if you are “put under.”

“These new machines not only provide us with increased confidence and reliability in providing the safest patient care, but also offer the latest technologies bringing us in line with the best hospitals in Canada,” says anesthesiologist Dr. Melanie Orvold. “Your donations provide us with life changing tools that mean the best anesthesia care possible for the people of Saskatchewan.”

To date, the generosity of donors has raised \$10 million for the Mission Possible campaign. We still have a ways to go. With your continued support, we will reach our goal and contribute to the transformation of surgical care at RUH.

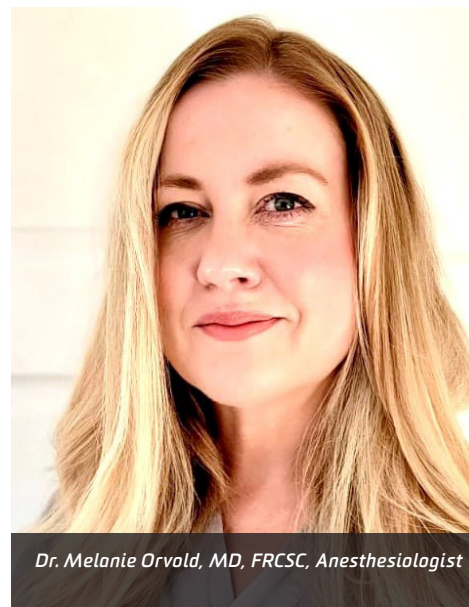
For more information about the many ways you can contribute to the success of Mission Possible: Operation New O.R. campaign, please read the related stories beginning on page 4 or call the Foundation office at 306.655.1984. 🌸



Dr. Suzie Harriman, MD, FRCSC, Acute Care and Trauma Surgeon



Dr. Daryl Fournay, MD, FRCSC, FACS, Neurosurgeon



Dr. Melanie Orvold, MD, FRCSC, Anesthesiologist

Patients Grateful for Ongoing Donor Support of RUH

With a nod to Nat King Cole and his holiday classic song; it's been said many times, in many ways that your support saves lives at Royal University Hospital.

It is through your generosity that Dallas Carpenter, Heather Thiessen and so many others are alive today roasting chestnuts on an open fire and celebrating this special time of the year with family and loved ones.

It was five years ago on December 14, that Dallas readied himself for a never-imagined life experience at RUH – an intense 8 to 10-hour surgery requiring many skilled professionals and a lot of equipment to remove a cancer so rare that there are only 1,100 cases recorded in the world.

Dallas' esthesioneuroblastoma formed in the tissues of the upper part of his nasal cavity near the bone that separates the nasal cavity from the brain.

Operating in this delicate area requires the skills of highly trained ear, nose and throat and neuro surgeons, and many other health professionals. The traditional approach to removing this tumour is very invasive and can leave permanent scarring on the face.

Fortunately, thanks to donor support of previous RUH Foundation initiatives, Dallas' surgical team had the expertise and equipment to perform a less invasive method using an endoscope inserted into his nose to remove the cherry-size tumour.



Grateful Patient Dallas Carpenter (r) and family

"Having surgery at RUH allowed my family and me to focus on my care and recovery here at home in Saskatchewan rather than worrying about travel, accommodations and surgery elsewhere," says Dallas. "And because of everyone's support, I'll be enjoying another Christmas with my family and friends."

Heather's dream of providing lifesaving care to others ended abruptly as a young adult. Hoping to one day be a nurse, Heather developed two rare chronic neurological conditions, a weakened immune system, and a life-threatening allergy to latex. She has been intubated many times, has had two tracheostomies, and numerous other lifesaving procedures during the past 30 years at RUH.

"I am extremely thankful to be alive today enjoying time with my family and doing the things I love to do because of the care I have received at RUH during my time of greatest




Grateful Patient Heather Thiessen

need," says Heather who recently attended the marriage of her eldest daughter.

Heather and Dallas, both encourage you to support the transformation of surgical care at RUH by making a donation to the Foundation's Mission Possible: Operation New O.R. campaign.

"Your generosity will help buy much-needed new operating room equipment," says Heather. "This means that patients will spend less time in surgery at RUH and, like me, have more time to enjoy life with loved ones."

RUH's surgical teams have the expertise. Your gift will make their best even better and put in their hands exactly what they need to save and improve more lives here in Saskatchewan for years to come.

Your donation matters. It will save lives. To donate, please visit ruh.org or call the Foundation office at 306.655.1984. 

Royal University Hospital
RADIOTHON
January 26  January 27

Tune in to hear more stories from grateful RUH patients:



**LISTEN
LIVE AND
DONATE!**

CEO MESSAGE

The holidays are a special time of year. It is a chance for us to reflect on the last 365 days and take inventory of the many blessings in our lives. At RUH Foundation, we have so much to be thankful for.

On behalf of the Foundation's board of directors and our staff, I want to say thank you for your ongoing support in helping advance innovative research, education and patient care at RUH.

Because of donors like you during 2022: we purchased new equipment for our surgical teams; we disbursed endowment funds to assist those in their pursuit of excellence related to trauma and mental health initiatives, to name just two examples; and we provided scholarships to those wanting to upgrade their skills and education.

I would also like to extend a sincere thank you to everyone at RUH for your exemplary care given to each of your patients during another extraordinary year. The Foundation and our donors will continue supporting you in saving and enhancing lives at RUH.

To our donors, again, thank you for your philanthropic leadership and generosity. Looking forward to working with you in your ongoing support of RUH in 2023.

All the best this holiday season and good health and much happiness in the New Year.



JMolloy
CEO JENNIFER MOLLOY, CFRE

WAYS TO DONATE

It's Not Too Late to Make a Difference!

As you consider your charitable giving during the last few days of 2022, remember that your donation will save lives and fund numerous innovative patient care, research and education initiatives at RUH.

In addition, you will receive a charitable tax receipt for the amount of your donation, which could help you reduce your tax bill for 2022. Please consult with a financial advisor or tax specialist to learn more.

The accompanying stories below and on pages 5 and 6 highlight some of the many ways donors give to Royal University Hospital Foundation in support of RUH and their reasons why.

Loved Ones Honoured, Thankful for Care

The Clancy siblings' decision to make a donation to RUH in memory of their mother, father and brother in gratitude for the care they received at the hospital needed little discussion.

Mike, Pat and Rona were sitting in RUH's mall area having coffee last winter while coming to terms with the inevitable passing of their mother Bernice. The threesome noticed the Foundation's donor recognition wall beside them.

"We looked at each other and immediately said we have to do this in their memory," says Mike.

"And to show our gratitude for the care they received at RUH before slipping into the long black night."

Bernice, 88, passed away in February; Ronald in 2005 at the age of 72; and George, 60, in 2019 due to various chronic illnesses and related complications.



The Clancy siblings with their mom Bernice

"Three members of our family came through RUH, and each received exceptional care. At the same time, hospital staff took time out of their busy day to help us get by and cope with the pending loss of our loved ones," says Mike.

"For this care and compassion, we are extremely grateful to everyone at RUH."

Family Endowment a Lasting Legacy

Drs. Ivan Jen and Suzanne Yip learned from their parents the importance of giving back to the community.

"Our parents went to great lengths to educate, nurture, and instill in us many values that helped shape who we are today, including the importance of gratitude and philanthropy," says Dr. Jen.

The couple met while attending the University of Saskatchewan's College of Medicine and graduated with MD degrees in 1960.

Dr. Yip became a radiologist, and Dr. Jen began his career as a general practitioner, later becoming a dermatologist. Both had immigrated to Saskatchewan in the early 1950s.

Now retired, the two have made many outstanding contributions to the medical profession and as generous philanthropists to our community.

In 2006, Drs. Jen and Yip, joined by their two children, established the Drs. Ivan Jen & Suzanne Yip Family Endowment Fund, initiated through a charitable share transfer.

The endowment fund supports cancer research and patient care as well as cardiac patient care and was established in loving memory of their parents.

Drs. Jen and Yip continue to add to their family fund through annual share transfers.

"The advice from financial professionals regarding the transfer of shares and related tax exemptions along with the support from RUH Foundation made the decision easy in taking this path on our philanthropic journey," says Dr. Jen.



Drs. Ivan Jen and Suzanne Yip

Pledge Raises \$200K for Surgical Equipment

Renee and Dennis Anderson have both required surgery at RUH to address cardiac-related issues.

Dennis' heart stopped beating just as he arrived at RUH in 1997. A "Code Blue" was called in the Emergency Department. Renee was told to be prepared for the worst.

"Fortunately, it was not my time to go," says Dennis.

"I am sincerely grateful to all those who worked on me. If it weren't for them, I wouldn't be alive today."

In 2012, Renee had a stent inserted in her heart to allow blood to flow more freely.

"Both Dennis and I have had so many wonderful people help us on our medical journeys; we are so thankful for all that they have done for us," says Renee.

During last January's Royal University Hospital Radiothon, the couple, in a show of their gratitude, pledged to match up to \$100,000 of donations received in support of the Mission Possible: Operation New O.R. campaign.

Their generosity and that of others was used to purchase a transesophageal echocardiogram (TEE) machine. It is a probe inside a tube that's inserted into the esophagus to provide live 3D images of your heart or lungs.

The TEE machine is used on blood vessels and lungs of patients who have suffered a heart attack, those with deadly excess fluid on the brain, patients with lung disease, and more.

"We are at the stage of our lives now that we can give back to the hospital," says Renee.

"It is our deepest hope that regardless of the size of one's donation that people continue supporting the Foundation's efforts to make RUH a better place for all of us."



Dennis and Renee Anderson

Timely Hug Generates Annual Donation

A hug received by his wife from his surgeon. That was the clincher for Harvey Messner as he prepared for surgery three years ago to address abnormal connections of blood vessels around his brain.

"Dr. (Lissa) Peeling took Sandy under her wing and actually gave her a hug, wow," says Harvey. "She comforted her because she realized how upset Sandy was knowing that if I went into the operating room I might not come out."

That hug was one of the last things Harvey, who was 68 at the time, remembered before going into surgery. He woke up two days later. He had 30 staples in the back of his head.

"My first thought, I am so happy to be here."

Today, the retired couple donates annually to RUH Foundation in recognition of the care and compassion they received at RUH.

"It was so emotionally supportive to know that at RUH the staff there understand that

wives and family members struggle too when their loved one requires surgery," says Sandra. "Dr. Peeling and her team had a way of reassuring me that they had everything under control and that all would be well."

Sandra and Harvey are grateful to be able to still enjoy each other's company and take pride in their harvest of cucumbers and potatoes at their home in Moose Jaw.



Harvey and Sandra Messner

No matter the type or size of one's donation, every dollar counts. Your generosity helps ensure that patients from across the province continue receiving lifesaving and exceptional care today and well into the future.

If you had a positive RUH health-care experience and want to pay that feeling forward, please consider making a donation today. Please help us continue to deliver this care to others when they need it most by visiting ruh.org or calling the Foundation at 306.655.1984. 🌸

Thank
YOU!



WHY YOUR DONATIONS MATTER.



DONORS HELP FUND:

equipment, physician and staff education and research, and patient amenities



GOVERNMENT FUNDS:

day-to-day operating costs, staff salaries and capital projects

SPECIAL EVENTS

Dr. Sarah Donkers Wins \$100K Women Leading Philanthropy Grant

Congratulations to Dr. Sarah Donkers, BSc, MPT, MSc, PhD, the recipient of the 2022 Women Leading Philanthropy (WLP) \$100,000 grant!

Royal University Hospital Foundation and its WLP members are excited to invest in Dr. Donkers and her project New Hope in MS: Promoting Functional Neuro-recovery Through Early Intervention. We look forward to seeing the positive change that will come thanks to her commitment and hard work!

The Foundation's WLP program is a unique giving circle. It connects female philanthropists in our community with female

physicians, specialists and other medical professionals who are pursuing innovative women's health initiatives that make an impact on the future care of patients and families at RUH.

Together with 140 members, we are transforming health care and creating a history of inspiring women!

To learn more about this exciting and transformative program that has granted \$600,000 over the past five years, please visit ruh.org/women-leading-philanthropy. 🌸



(l-r) WLP Program Chair Dr. Mary Kinloch; WLP Honourary Chair Rachel Mielke; Dr. Sarah Donkers, RUH Foundation's 2022 \$100,000 WLP Grant Recipient; RUH Foundation CEO Jennifer Molloy; Hannah Salapa, Research Associate, Office of the Saskatchewan MS Clinical Research Chair

Royal Ball Raises Over \$300,000 for Surgical Care at RUH



A magical collection of wizards and centaurs, owls and lions, and other enchanting individuals and creatures gathered October 15 and raised \$300,732 to help transform surgical care at Royal University Hospital.

The assembled converged on RUH Foundation's Royal Wizard's Chronicle Ball: Harry visits Narnia presented by Nutrien. Proceeds raised from the event at the Delta Hotels by Marriott Bessborough support the Foundation's Mission Possible: Operation New O.R. campaign.



Jennifer Molloy, RUH Foundation CEO; Neurosurgeon Dr. Mike Kelly; and Aaron Fornwald, Vice President of Human Resources, Nutrien

A special thank you to Nutrien for matching all event proceeds in the amount of \$150,000!

Support from the following Royal Wizard's Chronicle Ball sponsors was tremendous: Presenting and Matching Sponsor: Nutrien; Guest Photo Sponsor: NexGen Energy Ltd.; Reception Sponsor: RBC Wealth Management; Philips Hager & North Investment Counsel; Dinner Sponsor: SaskTel; Wine Sponsor: Clark Roofing; Entertainment Sponsor: McKercher LLP; Diamond Sponsors: Associated Radiologists LLP, Delta Hotels



by Marriott Bessborough, Handy Special Events, Novatex, S.O. Asher Consultants LLP; Platinum Sponsors: Saskatoon Fastprint, Schaan Home Healthcare; Gold Sponsors: Air Canada Foundation, Barndog Productions Inc., Harden & Huyse Chocolates, MD Financial Management and Scotiabank Healthcare+, PwC Canada, Photography by D&M Images, Saskatoon Co-op Wine •Spirits •Beer. 🌸

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YOUR SUPPORT SAVES LIVES. PLEASE DONATE TODAY. 🌸 PG. 7

Donate Now

RUH Foundation Board of Directors 2022-2023



Royal University Hospital Foundation Purpose Statement:

The RUH Foundation creates excellence in and impacts health care by raising funds to anticipate and respond to needs for innovative research, education and patient care.

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SPECIAL GIFTS

A gift *In Honour* is made to commemorate a loved one or friend, to mark a milestone or to celebrate a special occasion. A gift *In Memory* is a lasting tribute to someone departed who was respected and loved. We thank family members and friends who paid tribute to the following individuals between June 1 - September 30, 2022, by making donations in their names.

IN HONOUR OF

Jason and Miranda Bergen	Arla A. L. Gustafson
Dr. Gregory Dalshaug	Wayne Wilson
	Lisa Yuel

IN MEMORY OF

David Abraham	Oristeen Kulyk
S. Orme Asher	Jan Lahti
Manolis Barlas	Alex Leschuk
Klaas and Pieterella Boersma	John Loeppky
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Barbara Kaluzy	Joan White
Adeline Kardynal	Robert Woodcock
Arslie B. Kluk	John T. Wright and Greta Sleeva (Wright)
Joseph Kostyniuk	
Zenon G. Kotelko	

Thank you also to the many donors who made gifts in honour and in memory of those affected by the tragedy at James Smith Cree Nation and Weldon

If you would like to give a gift in honour of someone special or in memory of a loved one who has passed away, please contact RUH Foundation at 306.655.1984 or make your gift online at ruh.org.

YOU'RE INVITED!

December 31, 2022

Year-End Donation Deadline

January 16, 2023

Women Leading Philanthropy Meeting

January 26 & 27, 2023

Royal University Hospital Radiothon

March 29, 2023

Greek Gourmet Feast

Visit ruh.org for details.

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