



GREAT PAST, GREATER FUTURE



ROYAL UNIVERSITY HOSPITAL FOUNDATION
2018-2019 ANNUAL REPORT



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RUH Foundation Board of Directors

ROYAL UNIVERSITY HOSPITAL FOUNDATION 2018–2019 BOARD OF DIRECTORS

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2018–2021 STRATEGIC PLAN

OUR VISION

Inspiring Health-Care Philanthropy

OUR PURPOSE

To create excellence in health care
by raising funds that anticipate and
respond to needs for innovative research,
education and patient care at Royal
University Hospital.

OUR STRATEGIC PRIORITIES

- Grow Fundraising Programs to
Maximize Impact on Investment
- Inspire Innovation and Efficiency
- Build and Nurture Strategic Partnerships
- Tell the Royal University Hospital Story



REPORT OF THE VOLUNTEER CHAIR AND CEO

Donors like you are helping to save lives every day at Royal University Hospital. Your generosity touches so many individuals, from the patients who receive care to the medical professionals who treat them.

Thank you for your continued confidence in the work we do on your behalf at RUH. Together, we are providing our world-class medical teams and researchers with the tools they need to more quickly and effectively care for the most critically injured and ill patients from across the province.

Your support of the Foundation since our inception in 1983 has been truly phenomenal. Thanks to you, a total of \$140 million has been raised and invested to support transformational patient care, innovative research and continuing education at RUH.

This cumulative total is the largest made by any hospital foundation to one hospital in the province, and would not have been possible without your extreme kindness.

Your generosity in support of the 2018 – 2019 Great Past, Greater Future Campaign raised \$10.8 million to address priority needs at RUH. In total, \$9,852,944 was granted to the Saskatchewan Health Authority and the University of Saskatchewan's College of Medicine to create a dedicated Trauma Observation Unit; upgrade the technology in the Cardiac Catheterization and Electrophysiology Labs; establish new programming for people living with chronic illnesses; and fund physician



(l-r) Arla Gustafson and Don Neufeld

and staff professional development, training and research.

In addition, donor support in the wake of the tragic Humboldt Broncos accident was instrumental in the establishment of the Legacy Fund for Trauma Care at Royal University Hospital in memory of the lives lost and for those lives saved and changed forever on April 6, 2018. As funds are raised for the \$5 million Legacy Fund for Trauma Care, we will be able to support our medical teams over the next 10 years and accelerate the Trauma Program at RUH that currently provides care to 1,000-plus trauma patients each year.

RUH has a great past and greater future in large part because of donors like you who

have chosen to support the Foundation. Your generosity has saved lives in the past, is saving lives today and will save lives for decades to come at RUH.

It is with much gratitude that we say thank you for your generous donations to the Foundation. Together, we are making certain that Saskatchewan families, including yours, have access to the best care possible when the unforeseen or unimaginable happens.

From everyone at the Foundation – our Board of Directors, volunteers and hardworking staff – we thank you for your support and your continued commitment to ensuring patients and their families from across the province have the care they need when every second counts.



Don Neufeld
RUH Foundation Board Chair



Arla Gustafson
RUH Foundation CEO

A MESSAGE FROM



Scott Livingstone

The tireless work of Royal University Hospital (RUH) Foundation staff and the contributions of many donors make very real and tangible difference to the lives of the people we serve each and every day. The Saskatchewan Health Authority's partnership with the Foundation helps us in our efforts to provide seamless, high-quality care for every resident of Saskatchewan.

Royal University Hospital Foundation has provided support for 35 years, raising more than \$140 million for various areas of our hospital including diagnostic imaging, cardiac care, pediatrics and trauma care. With your help, we have strengthened the services we deliver and enhanced the care we can provide to the people we serve.

Over the past year, with the support of your Foundation and donors, we were able to enhance the care for our patients, clients, residents and families by investing in a fund dedicated to a Trauma Observation Unit and upgrades to the Cath and Electrophysiology Labs, as well as further investments to a variety of chronic care initiatives. These investments increase the quality of care for our citizens.

The Humboldt Broncos tragedy was a significant event which brought to light the very real, tangible difference that donor dollars can make. RUH's medical teams, staff and volunteers - with support of Foundation donors through the initial funding for RUH's Trauma Program, purchasing state-of-the-art equipment like the O-arm, and physician Fellowship training and staff development opportunities - provided an incredible response and remarkable care to those involved in the horrific collision.

Every day, the Foundation passionately fosters incredibly generous support from the community for technology, education, research and equipment that make a difference for our patients, our physicians and our employees.

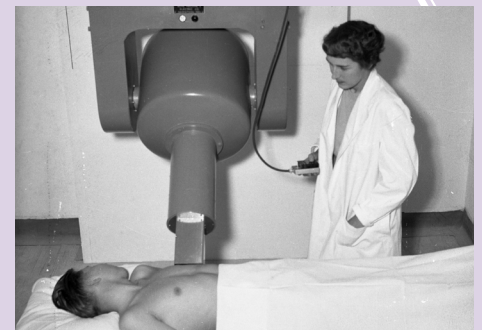
On behalf of the Saskatchewan Health Authority's board of directors, senior leaders and every physician, employee and volunteer, I extend my gratitude to you for your support and commitment to excellence in health care.

Scott Livingstone, CEO
Saskatchewan Health Authority

A YEAR IN REVIEW

Great Past. Greater Future. Royal University Hospital, through decades of dedicated work by its physicians, nurses and staff members, has established a proud history of providing innovative patient care to the residents of Saskatchewan - a tradition that continues today and will carry on well into the future thanks to the generosity of donors to Royal University Hospital Foundation.

Even before its formal opening in 1955, then-University Hospital had positioned itself as a world leader in the treatment of cancer when the world's first Cobalt-60 Cancer Therapy Unit was installed during the Hospital's construction in 1951. Later that year, a 43-year-old woman was the first to undergo treatment. She lived for a further 47 years to the age of 90, apparently cured of her "incurable" cancer.



Sylvia Fedoruk and the first Cobalt-60

University of Saskatchewan, University Archives and Special Collections, MG 372, Harold Johns Collection, Photographs, Fedoruk with Unit and Patient

Since then, over the years our Hospital has earned a worldwide reputation for the innovative research, education and patient care its physicians and medical teams have undertaken related to kidney transplantation, Parkinson's disease and movement disorders, heart and stroke care, aneurysm coiling, reconstructive microsurgery, Deep Brain Stimulation, the LiveWell Chronic Disease Management Program, and remote-presence technology and robotics, to name but a few.



Two years ago, Dawne Banda's body was hijacked by a blood clot that had established itself in her brain and caused a major stroke.

"My life could have easily ended that night," says Dawne, who was 69 at the time. "The amazing medical teams at the hospital, along with support from donors to RUH Foundation, ensured that the specialists, medical teams and equipment were in place when I needed them the most."



Dawne's surgery, considered the most major advancement in stroke treatment in two decades, was performed by a multidisciplinary team led by donor-funded fellowship recipient Cerebrovascular and Endovascular Neurosurgeon Dr. Mike Kelly in RUH's new state-of-the-art angiography biplane suite that too had been funded through the generosity of Foundation donors.

Today, Dawne continues to live independently in her own home, sharing special moments with family and friends and enjoying the independence that comes with again being able to drive.

Scott Bray pauses while discussing "the summer of his heart's discontent" and the three separate life-threatening cardiac events he underwent in August 2018.

"I didn't want to die; there was still too much life to live," says Scott, who underwent minimally invasive procedures in which three stents were inserted in his heart in the newly upgraded donor-funded Cardiac Catheterization Lab.

"I am alive today because of the lifesaving skills and superb care and attention of so

many at RUH including the Emergency, Interventional Cardiology and Cardiac Care Unit team members, as well as my West Winds Primary Health Centre care providers and the Coronary Artery Rehabilitation group at the Field House."

As a result, Scott is very grateful to have been given another chance "to eat better, exercise more, live life in the moment and walk my daughter down the aisle this summer."

The Foundation, since its inception in 1983, through the generosity of its donors has raised more than \$140 million to support transformational patient care, with investments ranging from "small" (but hugely comforting) things such as blanket warmers to major equipment purchases that include the province's first MRI scanner, as well as enhanced research and training opportunities for physicians and staff members at RUH.

During the 2018–2019 Great Past, Greater Future Campaign, more than \$10.8 million was raised to create a dedicated six-bed Trauma Observation Unit, purchase new technology and equipment for the Cardiac Catheterization and Electrophysiology Labs, fund Community Mental Health Endowment enhancements, and support numerous physician fellowships, staff training opportunities and applied research initiatives.



In addition, funds were invested to establish or pilot 12 new quality improvement and programming initiatives for people living with chronic illnesses such as diabetes, heart disease, stroke, cancer, cystic fibrosis, epilepsy, and more.



"Chronic diseases are the leading cause of death in Canada and approximately 89% of us will ultimately pass away because of a chronic illness," says cardiologist Dr. Haissam Haddad, Provincial Head of Medicine for the Saskatchewan Health Authority and the College of Medicine, University of Saskatchewan.

In our province, about 257,000 residents or 23% of the population are living with at least one major chronic disease that causes significant suffering, necessitates frequent hospital visits and leads to premature death. In addition, the number of people living with multiple chronic illnesses continues to grow each year, with a corresponding increasing impact on health services utilization.

One of the exciting new initiatives being championed by Dr. Haddad is a pilot Cardio-Oncology Clinic at RUH that will take a multidisciplinary team approach in navigating the often complicated interplay between cancer and illnesses of the heart.

"Having cancer and successfully being treated for it doesn't mean the risks related to other conditions go away," explains Dr. Haddad.

He adds: "Thanks to the generosity of Foundation donors, RUH will be able to move forward with innovative research, new comprehensive assessment and lifestyle programs, and equipment that will have a positive impact on so many in our community and province living with chronic disease today and for years to come."



COMFORT AND SAFETY FOR MENTAL HEALTH EMERGENCY PATIENTS

On April 27, 2018, Allan Zabraczki took his place at the podium. He scanned the crowd facing him – political representatives, health-care providers, news reporters and a handful of extremely generous individuals. Everyone in the room knew the significance of the celebration that day, an event made possible because of the generosity of donors to Royal University Hospital Foundation.

Allan, who has suffered from Bipolar Disorder most of his life, thanked those in attendance for their support in building a seven-bed Mental Health Assessment Unit (MHAU) for people arriving at Royal University Hospital with a mental health emergency.

“Having this unit available for those with a mental illness will mean they can be treated in a space that will feel highly comforting and safe, which will contribute to a better experience overall,” said Allan, a patient advisor for the Saskatchewan Health Authority (SHA) and involved in the planning of the MHAU built adjacent to the current Emergency Department at RUH.



Allan Zabraczki

The MHAU provides individuals requiring emergency mental health care with treatment space in an environment that does not further compromise their mental well-being. Patients are assessed and treated in comfortable private rooms outfitted with the latest in monitoring equipment and other

technology. The unit has a large washroom with shower, as well as a comfortable waiting area for family members.

Approximately 3,000 emergency department patient visits were directed to the MHAU for assessment and treatment during the unit's 11 months of operations in 2018-19 according to Lisa Collard, SHA's Director of Emergency Services in Saskatoon.

*I am not
defined by
my disease.
I am still the
same person.*

Prior to the opening of the MHAU, approximately 11% of mental health and addiction patients left the ER without being seen by a physician. The opening of the MHAU has seen that number decline.

“The temporary Mental Health Assessment Unit enhances the patient and family experiences by providing a quiet, calm assessment and treatment environment,” says Collard.

“Because mental health patients now are being assessed and treated in a private setting and in a more timely manner, we have seen a significant reduction in the number of patients leaving without being seen,” she adds.

The \$2-million Mental Health Assessment Unit was built and furnished through donations from Great West Life, London Life and Canada Life, Dakota Dunes Community Development Corporation, Elmer and Anne

Guenther, and the Sunesis Foundation, to name but a few, and a lead transformational gift of a \$1-million matching gift from Irene and Leslie Dubé (opposite with RUH Foundation CEO, Arla Gustafson).



A bed in the MHAU made cozy with an afghan handmade by Irene Dubé

The Dubés are keenly aware of the importance of supporting health care in our community. Over the years, they have donated more than \$4.5 million to RUH Foundation in order to address pressing priorities at the hospital. Their strong commitment to and investment in RUH has helped transform health care for patients and their families in Saskatchewan and the health professionals who care for them.

In recognition of their support, the MHAU's family waiting area has been named “Irene's Place.” The wall mural in the unit carries a very special inspirational statement that was inscribed by Irene 10 years ago on one of the building beams in the then under construction 65-bed in-patient Irene and Leslie Dubé Centre for Mental Health: *I am not defined by my disease. I am still the same person.*

Together with donors like the Dubés and so many others from across Saskatchewan, we are making a world of difference in the lives of those requiring and receiving mental health assessment and treatment at RUH.



LIGHTING THE WAY

A classic desk lamp. It was a fitting memento for a person who for more than 45 years has given hope and brought light to many thousands of patients during their darkest hours. As well, that person has helped guide members of the medical community at Royal University Hospital, throughout the country and around the world in their education, research and careers.

Psychiatrist Dr. Rudy Bowen (opposite with wife Dr. Angela Bowen), a world-renowned pioneer in the use of cognitive behavioural techniques that are now the standard for specialty practice for treatment of anxiety and mood disorders, was the recipient of the lamp at a retirement tea in his honour in January 2019. It was presented to him by Dr. Marilyn Baetz, Department Head, Psychiatry, who studied under Dr. Bowen as a resident and then worked with him as a colleague collaborating on research related to religion and mental health.

"Dr. Bowen's passion for the practice of psychiatry is reflected in his longstanding dedication to evidence-based clinical practice, education and research," says Dr. Baetz. "He has quietly but passionately pursued the highest level of mental health care for the residents of Saskatchewan while maintaining a full-time clinical practice, research career and substantial administrative responsibilities."

He joined the Department of Psychiatry at the University of Saskatchewan and Royal University Hospital in 1973 after completing his undergraduate degree at McGill in Montreal and his residency at Queen's in Kingston, plus a year at Queen's College in Dublin.

Dr. Bowen was appointed Clinical Director of the Psychiatric In-Patient Unit at RUH in 1990. He was Department Head of Psychiatry from 1994–2001. During the

latter years he served as the department's Clinical Research Director and Resident Research Support. He has authored or co-authored more than 100 research papers and given presentations and lectures around the world.

As a reflection of Dr. Bowen's kind spirit and his continued passion for his work, he and his wife, Dr. Angela Bowen, have generously donated \$50,000 to establish the Dr. Rudy Bowen Mood Disorders Fund as part of Royal University Hospital Foundation's Community Mental Health Endowment (CMHE).



Hope. Healing. Belonging. Purpose. Thousands of lives have been changed thanks to donor support of the Royal University Hospital Foundation's Community Mental Health Endowment. Because of donor support, people living with mental illness might get a healthy meal, learn life skills and find casual employment at Crocus Co-op, access emergency shelter at The Lighthouse, and heal and learn in a supportive environment at McKerracher Centre.

The CMHE was created 10 years ago as a \$2.5-million legacy through the "Future in Mind" campaign, which raised \$10.28 million to build the 65-bed in-patient unit at the Irene and Leslie Dubé Centre for Mental Health.

Since its inception, the CMHE has granted \$452,000 from interest earned on the \$2.5 million fund to 27 mental health programs offered at Royal University Hospital and community-based agencies. In addition, CMHE has granted \$109,000 for mental health-focused research. Research today looks toward changing psychiatric treatment for patients.

As part of the Community Mental Health Endowment, the Dr. Rudy Bowen Mood

Disorders Fund will continue building and growing capacity within the psychiatry medical community in support of clinical excellence in mood disorder research and patient care.

Like many others, Psychiatrist Dr. Bienca Lau has much respect for Dr. Bowen as a clinician, researcher and teacher.

"Rudy was the most senior clinician in the department but one could always feel his genuine openness for friendships that extended to include psychiatrists in my cohort who looked up to him as an academic grandfather," says Dr. Lau. "I counted on Rudy for his honest opinion in clinical cases, as well as in his assessment of non-clinical situations. He showed ongoing interest in my growth as a junior colleague not only by direct mentoring, but through his search for and acceptance of my opinion in his clinical questions as well."

Dr. Lau adds: "Every day I ponder the gifts Rudy has given me, our colleagues, our patients and the future of psychiatry in Saskatchewan."

Dr. Bowen's clinical service, dedicated patient care and pioneering research have created an inspiring legacy. That legacy will live on for years and decades to come through the Dr. Rudy Bowen Mood Disorders Fund.



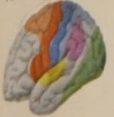
Last fall, the Tori Hanson Fund and CMHE supported Mental Health Literacy Training for counsellors and teachers



The Brain

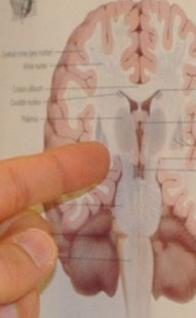
The average brain weighs between 1 and 1.5 lbs and is composed of over 100 billion neurons. It is divided into two hemispheres, the larger being the left hemisphere. The cerebrum consists of two hemispheres with a 10% overlap in the middle. The cerebellum and brain stem have the quality of being separate. The cerebellum is located at the back of the brain and is responsible for coordination and balance. The brain stem is located at the base of the brain and is responsible for basic life functions such as breathing, heart rate, and blood pressure. While the brain is very complex, it is also very resilient. It can recover from damage and adapt to new information. In fact, the brain can recover from damage in as little time as 48 hours.

Functional Areas of the Brain



- Primary motor area
- Secondary motor area
- Primary somatosensory area
- Secondary somatosensory area
- Primary visual area
- Secondary visual area
- Primary auditory area
- Secondary auditory area
- Sensory speech area

Coronal Section



Arteries of the brain

Sagittal section



PARKINSON'S EXPERTS AT HOME AT ROYAL UNIVERSITY HOSPITAL

Bill Peterson had a plan. If ever there was anything seriously medically wrong with him, he planned to head straight for the Mayo Clinic. Bill had never been there; didn't know how it operated or what it cost. He just knew that if he was really sick, he planned to be treated at the Mayo.

For his first 58 years health wasn't a major issue, but in year 59 everything changed. What finally convinced Bill to make an appointment to see his family doctor surfaced "at a lousy golf game."

"On the sixth hole my right arm stopped working: it refused to swing," says Bill. "When I went to my family doctor, who's looked after me for the past 30 years, it took him no more than 60 seconds to deliver the diagnosis: Parkinson's disease."

True to his longtime plan, a few weeks later Bill and his partner Paul Lavoie were welcomed at the Mayo Clinic in Rochester, Minnesota. Its Parkinson's expert welcomed them and asked where they were from.

"Saskatoon," replied Bill.

The specialist responded without hesitation, "What the hell are you doing here?"

"Well, you're the expert and this is the Mayo."

"True, but the best Parkinson's people in North America are in Saskatoon, the Rajputs, at Royal University Hospital. Isn't that in Saskatoon? Get back home to Saskatoon and see the Rajputs."

The Rajputs have dedicated their careers to improving the quality of life for Parkinson's patients. Parkinson's disease is a progressive brain disorder affecting more than 130,000 Canadians, including approximately 4,000 residents of Saskatchewan. Common symptoms include tremor, slowness and stiffness.

Dr. Ali Rajput, who grew up and was educated in Pakistan, joined the University of Saskatchewan medical faculty in 1967 and served as Professor and Head of Neurology. In 1968, he founded the Saskatchewan Centre for Parkinson's and Movement Disorders at Royal University Hospital.

The senior Rajput's son Dr. Alex Rajput (opposite with Bill Peterson) is Director of that Centre, which is contributing to the worldwide effort to solve the mystery of Parkinson's disease, essential tremor (known as Diefenbaker disease) and other movement disorders. Follow-up care with the Rajputs' patients is extensive and all clinical and video data are well preserved. More than 590 of their patients have donated their brains postmortem and the "brain bank" at RUH is the largest and best resource of its kind in the world. Dr. Alex Rajput is also Division Head of Neurology in the Department of Medicine, and recipient of the 2018-2019 Nutrien Chair in Clinical Research awarded by RUH Foundation.

RUH Foundation established the Dr. Ali Rajput Endowment for Parkinson's Disease and Movement Disorders Research after receiving \$1.6 million to fund world-class research in perpetuity, making RUH and Saskatoon a global hub for studying the human brain in relation to movement disorders. Today the fund is \$3.6 million.

One of the newest advances for people living with Parkinson's is called Deep Brain Stimulation (DBS). How does it work? A small battery-operated device placed under the skin below the collarbone sends continuous electrical pulses through electrodes to the brain to decrease Parkinson's symptoms.

All Bill Peterson wanted this past Christmas was to receive the DBS treatment. A few months prior to his potential surgery, Bill was taken off his medications in order to

rate his suitability for DBS. After seven years of keeping an eye on Bill's advancing Parkinson's, Dr. Alex Rajput decided it was time for him to be referred to neurosurgeon Dr. Alex Vitali.

Bill describes his condition at the time: "On my magical medication, I was functioning relatively well, at least for the two-hour increments between doses of the expensive, annoying, nausea-inducing, sleep-disrupting drugs. Bill off medication couldn't do much of anything: I couldn't walk, stand nor swallow a drink of milk. I could barely talk."

Bill entered RUH Christmas Eve week to undergo six hours of DBS surgery. He was awake during the majority of the procedure in order to answer questions and perform certain tasks to make sure the electrodes were being positioned correctly in the part of the brain causing the symptoms.

"Prior to my surgery, the last time I left RUH had been in a wheelchair," says Bill. "But now, thanks to the surgery, amazingly and with much gratitude to the Rajputs, Dr. Vitali and the DBS surgical team, and Foundation donors, I am regaining control of my body."

The time in surgery for a patient like Bill has now been significantly reduced because of the generosity of donors Rita and Bob Mirwald and Bill Peterson and Paul Lavoie, who altogether donated \$100,000 to purchase a specialized carbon-fibre Radiolucent Operating Table for use with the donor-funded O-arm imaging equipment, making RUH the first hospital in Canada to perform O-arm-guided Deep Brain Stimulation surgery using this table.

Bill's healing journey continues and he reports seeing signs of improvement every day – all thanks to donors from across Saskatchewan and Canada and around the world.



HONOURING LIVES LOST AND CHANGED

Royal University Hospital Foundation donors make a world of difference when people need help urgently and desperately – as they did on the evening of April 6, 2018.

“Events such as the Humboldt Broncos tragedy force us to reflect on the fragility of life, the exceptional and compassionate care provided by countless medical professionals in our hospital and community, and the generosity of Foundation donors as we do everything we can to send patients home to their loved ones,” says Dr. Ivar Mendez, the Fred H. Wigmore Professor and Head of the Department of Surgery.

Thanks to donor support of the Foundation’s GREATER Campaign, more than \$28 million was raised to support trauma, emergency and critical care priorities at Royal University Hospital.

In September 2015, the Foundation provided \$500,000 supported by a leadership donation of \$300,000 from the Don and Janet Neufeld Family Foundation to pilot a dedicated Trauma Team program in our Emergency Department. Following a six-month evaluation, the Trauma Program became a permanent program at the hospital. Its processes and procedures were in full force the night of the Humboldt Broncos accident.

Dr. Niroshan Sothilingam (opposite), Medical Director of RUH’s Trauma Program, was settling in for a quiet weekend with his family on April 6 when the phone rang. He quickly made his way to RUH.

Upon his arrival, a Code Orange trauma response was in full force. Medical teams throughout the hospital were ready and waiting for the accident survivors.

In the Emergency Department, each patient was assigned a dedicated trauma team

consisting of a trauma-trained emergency department physician, surgeons, nurses, respiratory therapists, medical imaging technicians, a phlebotomist, an ECG technician, a social worker and a unit assistant.

“The gravity of this tragedy did not affect me until the next morning when the intensity of the Code Orange was over,” says Dr. Sothilingam. “Words cannot express my gratitude and pride for what I witnessed that night from my colleagues and what they did assisted by the support from the Foundation and its donors.”

In addition to funding the Trauma Program pilot, donors to The GREATER Campaign also had purchased new innovative equipment and technology that supported the medical teams in the care the patients received that evening and in the weeks that followed.

A leadership donation of \$1 million made by the Joseph Alfred Remail Family Foundation had been invested to purchase a next-generation state-of-the-art O-arm medical imaging unit for the Operating Room that was used heavily throughout that weekend by orthopedic and spine surgeons.

As well during that unimaginable time, a new angio-biplane suite and medical imaging equipment used by the neurosurgeons, monitor upgrades in the Intensive Care Unit, and a new OR Waiting Room for family were in steady use.

“All of us in health care and in academic institutions appreciate the generosity of the people of Saskatchewan,” says Dr. Mendez. “Their contributions greatly facilitate our work of caring for patients, educating the next generation of health-care professionals and creating new knowledge through research and innovation.”

To honour the lives lost and changed as a result of the Broncos tragedy, the RUH Foundation has established a Legacy Fund for Trauma Care. The immediate outpouring of donations from our community and across the country in support of our medical teams and hospital led the Foundation to create this fund and form a plan to fundraise \$5 million.

During the upcoming decade, the Legacy Fund for Trauma Care in honour of the Humboldt Broncos will support priorities such as Fellowships for sub-specialists, equipment purchases, and research and capital upgrades to accelerate the Trauma Program at RUH. Initiatives include:

- An annual provincial Trauma Lecture delivered by a leading North American Trauma Specialist.
- Annual Fellowships to be awarded to support sub-specialist training in Trauma Care at leading health-care institutions in North America.
- Ongoing funding to support Schwartz Rounds and Critical Stress Incident Management training for staff at RUH.
- An annual Trauma Care Research Grant to support and promote internal and external trauma-related research activities.
- Provision of \$2.5 million for equipment and new technology for advanced trauma and emergency resuscitation and care.

The immediate impact and legacy of the Legacy Fund for Trauma Care will be seen tomorrow, next year and far into the future. The lives lost and lives changed forever on that fateful day April 6, 2018, will not be forgotten within RUH, the province’s busiest Trauma Centre.

THANK YOU!

We would like to acknowledge and thank these special individuals, organizations, corporations, businesses and anonymous friends who donated to the Royal University Hospital Foundation during the fiscal year of April 1, 2018, to March 31, 2019:

\$2,500,000+

Anonymous Friend

\$1,000,000 – \$2,499,999

Hospital Home Lottery

\$100,000 – \$999,999

Irene and Leslie Dubé Foundation
Joseph Alfred Remail Family Foundation
Don and Janet Neufeld and Family
Pochynuk Family / Clark Roofing
Wilson and Florence Quail
Gordon and Jill Rawlinson
Robert Steane
Suer & Pollon Mechanical Partnership
Brent and Megan Thoma
Estate of Metro Yaychuk

\$50,000 – \$99,999

Rudradeo and Angela Bowen
Estates of Annie Cross and Bruce McEwan
Estate of Brian Day and
Marsha Delouchery Day
Estate of Gordon Kurbis
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Varunkumar Bathini and Rachana Bodani
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Jody and Michael Bischoff
Baby Thomas Boechler Memorial Fund*
Charles Bolton
Borden United Church
Irene Boychuk
Estate of Dr. Murray Brown
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Scholarship Fund
College of Medicine
College of Medicine - Department of
Medicine - Academic Members
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Bill Dean and Deborah Dubé-Dean
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Every effort has been made to ensure the accuracy of this donor list, but we acknowledge that errors may occur.

If your name has been omitted or listed incorrectly, please accept our sincere apology and inform us by calling 306.655.1984 or email info@ruhf.org.



REMEMBERING . . .

a friend, a family member, a caregiver, a colleague who has touched your life and made the world a better place.

The Royal University Hospital Foundation thanks those family members and friends who paid tribute to these special people between April 1, 2018, and March 31, 2019.

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ENDOWMENTS AND FUNDS FOR RUH

Endowments give back year after year — an investment in the health of future generations. The principal sum remains untouched, while the distributable earnings are used to support a designated priority at Royal University Hospital. Funds are held and disbursed according to the terms set out in the donor agreement. RUH Foundation manages a range of endowments and funds valued at \$16 million.

Nahid Baltzan Ahmad and

Dr. Marc Baltzan Endowment supports cardiology and kidney research.

Vivian K. Asher Memorial Fund assists and supports pharmacy education and research initiatives.

Cameco Chair in Indigenous Health Endowment supports a physician specialist in Indigenous health at the University of Saskatchewan's College of Medicine and Saskatchewan Health Authority's Royal University Hospital.

Community Mental Health Endowment supports innovative initiatives that improve the mental health of individuals and/or raise awareness of mental health and addictions. These initiatives include research, education, programs for patients and their families while in hospital, patient support programs in the community and equipment for patient care. The following five funds are named funds within the Community Mental Health Endowment:

Dr. Rudy Bowen Mood Disorders Fund supports research and programming for mood and anxiety disorders.

Lynn Sterling McLean Fund supports mental health and addictions research.

Tom and Nicole MacNeill Family Fund supports clinical research and related patient treatment programs in obsessive-compulsive disorders and other spectrum-associated disorders including anxiety and phobias.

Patricia and Lawrence Rychjohn Family Fund supports innovative programs for those affected by mental illness and addictions in our community and beyond.

University of Saskatchewan Academic

Psychiatrists Fund supports psychiatric research and post-graduate psychiatric training.

Donna and Tony Dagnone Endowment supports the RUH's Inspiration Award, recognizing a staff member, physician or volunteer whose leadership serves to inspire others.

Danae Dupuis Memorial Endowment provides funding for areas of greatest need.

Adrienne Eidem Memorial Scholarship

Endowment supports a nursing scholarship in recognition of academic achievement and enhanced health-care proficiency.

Donald Francis Endowment supports programs and services that aid in the diagnosis and/or treatment of cancer patients.

Bernice E. (Betty) Godfrey Children's Endowment Fund supports programs at RUH dedicated to the diagnosis and treatment of children who have suffered accidental injuries.

John C. (Jack) and Bernice E. (Betty) Godfrey Fund supports the purchase of equipment for Unit 5000 for burn patients at.

Great-West Life, London Life and Canada Life Scholarship Endowment provides scholarships for the education and training of medical personnel, other than physicians, who work with patients.

Helping Hands Endowment provides financial assistance for patients and families in need of essential items required as a result of their hospitalization.

Bryan Isinger Pediatric Care Endowment provides funds to support pediatric care and comfort including equipment and furnishings.

Sonja Jeffrey Memorial Fund supports medical school residents at RUH pursuing specialized training in dissociative disorders as a result of psychological trauma.

Drs. Ivan Jen and Suzanne Yip Family Endowment, established in loving memory of their parents Jim Kow Jen & Sue Lin Jen and David SimYip & Jean Yat Yip, supports cancer research and patient care as well as cardiac patient care.

Marlo L. Kelly Memorial Endowment funds the purchase of equipment in the Neonatal Intensive Care Unit.

Bill Lemko Memorial Endowment funds the purchase of equipment that improves cancer care.

W. Gordon MacDougall Memorial Endowment supports research, training and patient care.

Mark Family Legacy Endowment provides funding for priorities of cardiac-related programs.

Dr. Janet Markland Fund supports priorities for the Oncology Unit.

Nutrien Chair in Clinical Health Research

Endowment provides dedicated time for a researcher to undertake clinical research.

Orano Wish Fund Endowment funds the purchase of small items that improve patient care, particularly items for which there is no alternate source of funding.

Ostomy Endowment funds equipment and education for the Ostomy Clinic.

Pharmaceutical Services Fund supports education, research and equipment in the Department of Pharmacy.

Princeton Scholarship Fund provides educational funding for nurses, licensed practical nurses and other medical professionals.

Rajput Research Fund provides support for Parkinson's disease and movement disorder research.

Dr. Ali Rajput Endowment for Parkinson's Disease and Movement Disorders Research supports research into Parkinson's disease and other movement disorders.

Royal University Hospital Auxiliary Legacy Endowment supports the priority purchase of medical equipment and furnishings at RUH as well as funds annual Auxiliary scholarships and education.

SaskEnergy Centennial Research Fund in Children's Health supports research projects at RUH for the betterment of children's health.

Hartley Sommerfeld Memorial Fund supports neurosciences.

Jarret Stoll Trauma Fund for Royal University Hospital in honour of the Humboldt Broncos supports trauma priorities for patient of all ages.

Peter and Anna Zbeetnoff Memorial Endowment supports the annual Peter and Anna Zbeetnoff Memorial Drug Therapy Decision-Making Conference for physicians, pharmacists and nurse practitioners in Saskatchewan.

GUILD OF FRIENDS

The following Guild of Friends members are a special group of donors who have made provisions in their estate plan through Wills, life insurance, charitable remainder trusts and other means to create a legacy of giving to Royal University Hospital Foundation that will continue long into the future:

The late Nahid Ahmad

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LEGACY GIVING

Lynn Sterling McLean was many things to many people: a caring, responsible employer; a gifted, perceptive co-worker with an ever-fresh approach to solving complex problems; a coach and advisor of endless patience; a source of strength and assurance in the most difficult moments. He was a fearless, aggressive, persistent advocate for those less able to assert themselves, and a rock-solid, loyal, generous friend with a dry sense of humour who was always, always, always there.

A card-carrying member of MENSA; a world traveler with an encyclopedic knowledge of the global economy, the stock market and the banking system; a mechanic of rare gifts who could keep the oldest equipment running against all reason: his interests were indeed diverse.

But of all his remarkable accomplishments, Lynn was most proud of the successful farm operation he built; his life's work. He loved

this land and strove always to make it a better place.

His generous spirit led him to include RUH Foundation in his Will to establish the Lynn Sterling McLean Fund, a named fund in the Community Mental Health Endowment (CMHE) to support mental health and addictions research. Each year RUH Foundation awards grants for mental health and addictions programming and research through the distributable earnings from the CMHE.

Lynn's foresight will help improve care for those affected by mental health and addictions in our community.

To discuss leaving a gift in your Will or contributing to the Community Mental Health Endowment for Royal University Hospital while still looking after your loved ones, please contact RUH Foundation's Annual and Legacy Giving Officer, Candace Boersma, at 306.655.6501.



Lynn Sterling McLean

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Khaing Htutt
Rocky Lam
Judy Malinowski
Linda McNabb
Palati Qinaer
Shanza Saleem
Shelley Sanford
Kulwant Singh
Gabriel Siriany Linares
Bree Tyndall
Lucia Vallejo

Elaine Vetter
Delores Weiman
Bronwyn Wiens
Lois Wiens
Diane Wiley

RUH FOUNDATION GIFT (GRATITUDE INTERNAL FRIEND-RAISING TEAM) COMMITTEE

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Linda Baker
Carole Birtch
April Brown
Alicia Carey
Lisa Collard
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Christine Dawson
Anne-Marie DeWeert
Marilyn Gibson
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Pam Molnar
Nadia Rodych
Jenna Ryan
Helen Sabadash
Judy Sabadash
Karen Schmidt
Anna Shule
Megan Simpson
Deana Zimmerman
Lynn Zinger

thank you! 

AUDIT AND FINANCE COMMITTEE REPORT



Due to the generosity of its donors, home lottery supporters and event sponsors and attendees, Royal University Hospital Foundation recorded over \$10.81 million of revenue for the year ending March 31, 2019. Grants made by the Foundation totaled \$9.85 million and included \$4.8 million toward the new Adult Emergency Department which will open in the fall of 2019. These grants continue to have a positive impact on patient care, research and education at Royal University Hospital and within the College of Medicine at the University of Saskatchewan, resulting in innovative health care in Saskatchewan.

As part of its commitment to ethical, transparent and effective fundraising, the Foundation is in the process of renewing its accreditation under the Imagine Canada

Standards Program. Under this program, the Foundation's policies and procedures are evaluated to ensure they meet the accreditation requirements relating to board governance, financial accountability and transparency, fundraising, staff management and volunteer involvement.

Thank you to our donors, volunteers and supporters for helping to continue to transform health care at Royal University Hospital. The full audited financial statements can be found on our website at ruh.f.org or by contacting the Foundation office at 306.655.1984.

Niles Kavia, CPA, CMA, MBA
Treasurer and Chair, Audit and Finance Committee

Report of the Independent Auditor on the Summary Financial Statements

To the Board of Directors of the Royal University Hospital Foundation Inc.

Our opinion

In our opinion, the accompanying summary financial statements of Royal University Hospital Foundation Inc. (the Foundation) are a fair summary of the audited financial statements, on the basis described in the note to the summary financial statements.

The summary financial statements

The Foundation's summary financial statements derived from the audited financial statements for the year ended March 31, 2019 comprise:

- the summary statement of financial position as at March 31, 2019;
- the summary statement of revenue, expenses, and changes in fund balances for the year then ended; and
- the related note to the summary financial statements.

The summary financial statements do not contain all the disclosures required by Canadian accounting standards for not-for-profit organizations. Reading the summary financial statements and the auditor's report thereon, therefore, is not a substitute for reading the audited financial statements and the auditor's report thereon.

The audited financial statements and our report thereon

We expressed an unmodified audit opinion on the audited financial statements in our report dated May 28, 2019.

Management's responsibility for the summary financial statements

Management is responsible for the preparation of the summary financial statements on the basis described in the note.

Auditor's responsibility

Our responsibility is to express an opinion on whether the summary financial statements are a fair summary of the audited financial statements based on our procedures, which were conducted in accordance with Canadian Auditing Standard (CAS) 810, *Engagements to Report on Summary Financial Statements*.

Signed by PricewaterhouseCoopers LLP

Chartered Professional Accountants
Saskatoon, Saskatchewan
May 28, 2019

SUMMARY FINANCIAL STATEMENTS

Royal University Hospital Foundation Inc.
Summary Statement of Financial Position
as at March 31, 2019



	2019	2018
ASSETS		
Current Assets		
Cash and Cash Equivalents	\$ 5,428,358	6,163,280
Pledges Receivable - current	155,762	838,359
Accounts Receivable	103,668	53,311
Inventory	123,221	107,919
Due from Other Funds	378,701	200,402
Prepaid Expenses	298,594	403,458
	6,488,304	7,766,729
Investments	18,993,001	17,979,322
Other Assets		
Planned Giving	27,762	26,618
Pledges Receivable - long term	135,498	90,000
	163,260	116,618
Capital Assets	195,251	210,963
	\$ 25,839,816	26,073,632
LIABILITIES		
Current Liabilities		
Accounts Payable and Accrued Liabilities	\$ 848,682	1,733,916
Grants Payable	3,478,815	1,671,537
Due to other Funds	378,701	200,402
	4,706,198	3,605,855
FUND BALANCES		
Operating	\$ 2,788,340	4,819,777
Designated	2,420,052	2,489,754
Endowment	15,925,226	15,158,246
	21,133,618	22,467,777
	\$ 25,839,816	26,073,632

Royal University Hospital Foundation Inc.
Summary Statement of Revenue, Expenses, and Changes in Fund Balances
for the year ended March 31, 2019



	2019	2018
REVENUE		
Donations	\$ 6,926,552	4,484,114
Donations - endowment	653,342	76,383
Events, gaming, other (gross)	2,160,018	2,242,492
Investment income	1,071,801	894,700
	10,811,713	7,697,689
Fundraising, events, and administrative expenses	2,292,928	2,332,452
Net revenue available for granting	8,518,785	5,365,237
Grants	9,852,944	4,168,056
Excess (deficiency) of revenue over expenses	(1,334,159)	1,197,181
Fund balance, beginning of year	22,467,777	21,270,596
Fund balance, end of year	\$ 21,133,618	22,467,777

Royal University Hospital Foundation Inc.
Note to Summary Financial Statements
March 31, 2019

The summary financial statements are derived from the complete audited financial statements, prepared in accordance with Canadian accounting standards for not-for-profit organizations, as at March 31, 2019 and for the year ended March 31, 2019.

The preparation of these summary financial statements requires management to determine the information that needs to be reflected in the summary financial statements so that they are consistent, in all material respects, with or represent a fair summary of the audited financial statements.

These summary financial statements have been prepared by management using the following criteria:

- whether information in the summary financial statements is in agreement with the related information in the complete audited financial statements; and
- whether, in all material respects, the summary financial statements contain the information necessary to avoid distorting or obscuring matters disclosed in the related complete audited financial statements, including the notes thereto.

Management determined that the statement of cash flows does not provide additional useful information and as such has not included them as part of the summary financial statements.

SOCIAL MEDIA – ICYMI (in case you missed it)





1. And the winner is... The UTERUS Project! Congratulations to Candice Jackel-Cram and her team of genetic counsellors and geneticists at #RUH! The \$100,000 Grant from donations to our #WomenLeadingPhilanthropy program will pilot a universal hereditary screening program of women with uterine cancer so that every woman will know if their cancer could affect their children and be given protective screening.
#philanthropy #womenwhodonate #transformative #healthcare

2. We had a lovely albeit bittersweet visit with Jean LaFleur today. Jean's daughter, Vanessa Aubichon, was an RN on 6100 Oncology prior to her passing in 2013. Jean donated this beautiful Star Blanket – made by her friend – in memory of Vanessa and it hangs prominently across from the very unit desk she sometimes sat at, when not caring for patients. Vanessa's compassion and dedication to the nursing profession will be remembered.
#gratitude

3. Our #GreekGourmetFeast has begun! We are so honoured to have the support we do from our sponsors, hosts, partners and guests!
@NutrienLTD
@ManosOn8th
#gratitude

4. Lloyd Postnikoff, President of J&H Builder's Warehouse dropped in today with a \$10,000 cheque on behalf of the company to help purchase the mobile spirometer for the Adult Cystic Fibrosis Clinic at RUH. So wonderful to have such amazing community support in Saskatoon! Thank you J&H!
#gratitude



5. What a great evening! Thank you to everyone for attending the 20th Anniversary Royal Studio 54 Ball! #royalball #studio54 #fundraiser #yxeevents #healthcare

Longtime Royal Ball sponsor Novatex Graphics and guests "got down" at the 20th Anniversary Royal Studio 54 Ball!

6. Have you met Murphy? Murphy is the first St. John Ambulance Therapy Dog to visit a Canadian Emergency Department. He is one of 11 St. John Ambulance Therapy Dogs to visit RUH each week. Murphy and his handler, Jane, visit Royal University Hospital each week on Mondays to help improve the health-care experience for patients and their families with plenty of cuddles for everyone. The staff at RUH also look forward to visits from Murphy and have named the day he visits "Murphy Mondays."

Murphy and Jane are sharing their stories in this special limited edition book aptly named "Murphy Mondays".

Do you know someone who might enjoy reading about Murphy's time spent in the Emergency Department? You can purchase your own copy of "Murphy Mondays" for \$13.99 + tax at the Royal University Hospital Gift Shop in the main mall. The author has donated proceeds from book sales to RUH Foundation (Emergency Department and the St. John Ambulance Therapy Dog Program.

7. Always happy to see our friend Lois Fedrau and her daughter, Wendy Thomson. Lois, along with her friends in Watrous, knits, sews and purchases baby toques, socks, blankets and outfits for babies in the Neo Natal Intensive Care Unit at RUH. Check out these festive creations! Thank you Lois!
#gratitude



8. Donor-funded Fellowship recipients. Dr. Suzie Harriman wrote to us to say "I am so thankful that the RUH Foundation supported my fellowship to come here. I can't tell you how amazing it is to have this opportunity and to not have all the financial stresses. Again, I can't tell you how much I appreciate your support in both my fellowship and my future with RUH."

The Foundation was able to support Dr. Harriman with a \$14,000 Fellowship for her 3-month emergency trauma training in Chicago. Cook County Hospital of the popular TV show ER was loosely based on the John H. Stroger Jr. Hospital of Cook County (formerly Cook County Hospital) where Dr. Harriman is doing her training. It is the busiest ER and trauma hospital in the USA.

She adds, "I am picking up a lot of valuable protocols that I know will be great to incorporate into my practice and the Trauma Program at Royal University Hospital someday. Plus, just being exposed to more trauma is great experience. I hope RUH Foundation donors think my time here is as valuable as I do."

I know we do! Thanks Dr. Harriman for your commitment and passion for improving Trauma Care at RUH, Saskatchewan's busiest Trauma Centre.

9. Leslie Worth, Manager of the LiveWell Program, and Rae Rivard, Dietitian for the Adult Cystic Fibrosis Clinic, join Dr. Julian Tam and Niki Afseth to support the purchase of a mobile spirometer in the CF clinic here at RUH.

Help someone breathe a little easier by making a donation this GivingTuesday. Give online at ruhf.org.
#GivingTuesdayCa #StretchYourGenerosity #gratitude





RUH FOUNDATION



RUH FOUNDATION STAFF

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Chief Development Officer Lisa Sands
Chief Financial Officer Jocelyn Zurakowski, CPA, CA
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Major Gifts Officer Tricia Haugen
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Phone: 306.655.1984 Fax: 306.655.1979
Email: info@ruh.org
Web: ruh.org



Charitable Business Number: 11927 9131 RR001

Royal University Hospital Foundation is a member of the Association for Healthcare Philanthropy, the Canadian Association of Gift Planners, the Association of Fundraising Professionals and the Saskatoon Society of Fundraising Executives.

Royal University Hospital Foundation respects constituent privacy and we are committed to protecting the confidentiality of personal donor information. We value the relationship and trust we have with our donors and we acknowledge that, to keep this trust, we must be transparent and accountable in our treatment of the personal information that donors choose to share with us.

In May 2014, Royal University Hospital Foundation was awarded the highest level of accreditation and shared the distinction of being one of the first charitable organizations in Saskatchewan to be accredited under Imagine Canada's National Standards Program. With this achievement and recertification, we join Canada's growing community of more than 200 organizations dedicated to operational excellence.

We do not trade, rent or sell any personal information to third parties.

If you have questions regarding our Privacy Policy or wish to be removed from, limit or opt-out of contact with Royal University Hospital Foundation, please contact the RUH Foundation office at 306.655.1984 or visit ruh.org.